

2020 LADY Bison Soccer

Elite Residential Camp

WHAT? The **individual camp** is developed to provide training for players by college level coaches. The training provided will mirror that of a college team. Technical, tactical, psychological, and fitness (physical) instruction will be included in the training by our coaches. Goalkeepers will be separated during training session to receive specified instruction from our goalkeeping coach. Campers will train with his/her respective teams and be housed together in the campus residence halls.

WHEN? **JULY 12-15, 2020 (Sunday - Wednesday)**

WHO? **GIRLS, Entering 8th-12th grades (120 camper slots available)**

WHERE? **Harding University, Searcy, AR**—One hour from Little Rock & the RiverWalk, 2 hours from Magic Springs in Hot Springs, AR, and 4 hrs from Branson, MO! Take a vacation while the kids are at camp!

COST? **\$390 Residential Campers**
\$340 Commuter Campers

REGISTRATION: Registration take place at Stevens Soccer Complex on Sunday between 1:00 and 3:00 p.m. Dinner will be the first meal provided on the day of registration. Each camper will receive a camp t-shirt included in the tuition.

CHECK OUT: Check out will take place on Wednesday from 11:30 – 1:00. Lunch will be the last meal provided.

WHAT TO BRING: Training shoes (running or cross trainers), cleats, shin guards, soccer ball, gloves (goalkeepers), t-shirts, shorts, sweatsuit (or rain suit if wet weather), socks, towel, bedding (comforter or sleeping bag), pillows, personal toiletries (soap, toothpaste, shampoo, etc.), and sunscreen. Swimsuits may be desired for swimming during free time. **For safety, it is preferred that residential campers not leave campus after their arrival on campus.**

WEATHER: In the case of bad weather camp sessions will be moved inside of the Ganus Athletic Center for practice and/or classroom sessions.

Staff: Camp staff will consist of college coaches and layplayers that will be able to instruct campers in the proper technical and tactical areas. The goal of the staff is to stretch campers & challenge them to become better and to give the necessary tools for continued growth after camp.

MEALS & LODGING: Meals will be provided by ARAMARK & will be served in the university dining hall. Monday dinner will be the first meal served & Thursday breakfast will be the last. Campers will be housed in the university dormitories & will be assigned a roommate (indicate preference on enrollment form). Bison Camp Staffers will supervise campers in the dormitories & at mealtimes. The coaches will host a residential canteen for purchasing drinks and snacks if needed

CAMP SCHEDULE

Registration Day (Sunday)

1-3 p.m.Check – In
3:30 p.m. Camp Meeting
4 – 5:30 p.m. Team Evaluation
6-7 p.m. Dinner
7:30-9 p.m.Evening Matches
9:30-10:30 p.m.Evening Activity
10:30 p.m.Lights Out

Checkout Day (Wednesday)

7-8 a.m. Wake-Up & Breakfast
8:30-11 a.m. Matches
11:30 a.m. – 1 p.m.Lunch

Daily Schedule (Monday & Tuesday)

7-8 a.m. Wake-Up & Breakfast
8:30 a.m. Camp Demonstration
9-11 a.m. Technical Training Session
11:30 a.m. – 1 p.m. Lunch
1:30- 2:15 p.m.Class Session/Tour of Campus
2:30-4:30 p.m.Tactical Session/Matches
5-6:30 p.m. Dinner
7-9 p.m. Class Session/ Evening Matches
9:30-10:30 p.m. Evening Activity
10:30 p.m. Lights Out

LADY BISON SOCCER: ELITE RESIDENTIAL CAMP ENROLLMENT FORM

This registration form, along with a \$100.00 deposit per person, should be sent by June 1, 2020 to reserve a slot. The deposit will be credited toward the total fee.

Name _____ Grade _____ Age _____

Address _____ City _____ State ____ Zip _____

Camper Cell# _____ Email _____

Parent's Names _____

Parent Cell# _____ Email _____

School/Team _____ T-shirt size ____ (Adult S, M, L, XL, 2XL)

\$340 Fee, Commuter _____

\$390 Fee, Residential _____ **Roommate Preference (2/rm, 4/suite)** _____

(note: All campers must be pre-registered to confirm roommate/suite preference)

Parent/Guardian

I/we, the undersigned hereby certify that I (we) am (are) the parent of legal guardian of the camper, I hereby give permission for the staff of the camp to seek, during the period of the camp, appropriate medical attention for the camper and for the medical attention to be given and for the camper to receive medical attention. In the event of an accident, injury or illness, I will be responsible for any and all cost of medical attention and treatment, except for that covered by the camp's secondary medical coverage policy.

I/we, the undersigned, for ourselves, our heirs, executors and administration waive, release and forever discharge Harding University and the camp, and its staff, officers, agents, employees, representatives, successors and assign of and from all rights and claims for damages, injury or loss to person or property which may be sustained during participation in camp activities or while at camp, whether or not damages, injury or loss is due to negligence.

Campers will not be allowed to participate until this information is submitted and the form signed by the parent or legal guardian of the camper.

Signature: _____

Date: _____

Campers should mail team registration forms & make checks payable to:

Lady Bison Soccer Camp
Attn: Greg Harris
Harding University, Box 12281
Searcy, AR 72149-0001